

## **Recuperative Care and Short-Term Post-Hospitalization Referral Form**

Recuperative Care is a short-term residential care for Members who no longer require hospitalization but still need to heal from an injury or illness and who's condition would be exacerbated by an unstable living environment. This form is intended to be used for IEHP Members only. Recuperative Care and Short-Term Post Hospitalization Housing

|  |  | Request Type   |  |   |  |
|--|--|--|--|---|--|
| ☐ Initial Request  | Extension  | Bed Transfer   | Resumption of Car  | e (Returning from   | a hospitalization)                     |
| Is the Member interested in participation of the Member interested in the Member i | ts?  | Placement Requested: ☐ Recuperative Care ☐ Short-Term Post-Hospitalization Housing   |  |   |  |
| Referring Contact Name/Title:  |  | Main Phone/Mobil   | e #:   | Email Address:  |  |
|  |  |  |  |   |  |
| Member's First Name:   | Last Name:   | l  | Member Mobile #:   | IEHP ID:  |  |
| Diagnosis (Required):  |  |  |  | ICD Code:   |  |
|  | Community Supports Se  | arvices Fligibility Critor   | ia (check all that anniu)  | 1   |  |
| Must be determined by a provider to AND  Meet HUD Definition of Homeless Signed Homeless attestation by Mem  Short-Term Post- Hospitalization Homeless Members exiting an institution, rehospitally, residential substance used Meet HUD definition of Homeless Meet one of the following criterial Are receiving Enhanced Care In Have one or more serious chrave serious mental illness Are at risk of institutionalization Have ongoing physical or behavio institutional care if not for receipt of Recuperative Care and Short-Term Pollowship Please note, if box is NOT check   | siness or at risk of homelessing ber must be received as parausing- must meet ALL the for ecuperative care facility, inplisorder or mental health tresiness or at risk of homelessical Management conic condition on or requiring residential stral health needs as determine Short-Term Post- Hospitalization Housing cost-Hospitalization Housing steed, STOP. Member does | ness.  In of documentation resollowing:  atient hospitals (either restament facility, correctness  ervices as a result of a need by a qualified heal ation Housing | equired  Tacute or psychiatric or tional facility, or nursing substance use disorder th processional that worked a duration of six material six materials. | Chemical Depender<br>facility<br>uld otherwise requin<br>onths per rolling 12 | ncy and recovery re continued -months. |
| Current Housing Status   | Current Region   |  | <u>Placem</u>  | ent Location  |  |
| ☐ Prioritized for permanent supportive Housing unit/rental subsid resource through the local homeless Coordinated Entr System or similar system ☐ Meets HUD definition of "homelessness" ☐ At risk of experiencing homelessness  | San Bernardino Proper West San Bernardino High Desert Low Desert Corona/Temecula/Hen Riverside Other:  | Willing to b<br>Willing to b<br>Previously<br>net  | pe housed in another Co<br>be housed in anywhere i<br>be housed in current city<br>in another housing prog<br>ember CANNOT live in:                        | n current County: y only:   | Yes No                                 |



| Serious Chronic Condition (check all that apply):  | Serious Mental Illness (check all the   | at apply): Substance Use Disorder (check all that apply).                                 |  |  |
|--|---|---|--|--|
| ☐ Diabetes requiring insulin ☐ Uncontrolled Hypertension ☐ Congestive Heart Failure ☐ End-Stage Renal Disease ☐ Cancer requiring radiation or chemotherapy ☐ Other:  | Bipolar Disorder  Schizophrenia Major Depressive Disorder Post-Traumatic Stress Disorder (P Obsessive Compulsive Disorder (C Borderline Personality Disorder Other: | · · · · · · · · · · · · · · · · · · ·   |  |  |
| NOTE: Please include supporting documentation outlining how Member is unstable and requires recuperative care.   | NOTE: Please include support<br>documentation outlining active sign<br>symptoms Member is display   | ns and/or available.  |  |  |
| Health Information   |   | Animals/Pets  |  |  |
| Does Member have impaired cognition?  Is Member able to ambulate at least 250ft with or without assistance?  Yes No  Does Member use a wheelchair, walker, cane, etc. and if so, is Member independent?  Yes No  Is All Member self-administer all medications independently?  Is All Member continent of both bowel and bladder?  Does Member take any medications requiring refrigeration?  Does Member require oxygen?  Does Member require ostomy care and or catheter care?  Does Member require a wound vac, Bipap, and/or Cpap?  Does Member perform wound care independently?  Does Member require IV antibiotics?  No  No  NoTE: Please provide supporting documentation. If Member cannot perform wound care |   |   |  |  |
| or administer IV antibiotics independently, Hon  |   |   |  |  |
| arranged prior to admission to r   |   |   |  |  |
| Medical Cle  | Additional Needs: (check all that apply)  |   |  |  |
| Is Member medically stable for discharge? Has Member been cleared for communicable disease Is Member psychiatrically stable for discharge? Is Member independent with ADLs?  Note: If 'No' box is checked, STOP. Mem   | Yes No  | Requires Anticoagulants Requires Injectable Medications Requires INR/PT/PTT checks Other: |  |  |

Please attach the documents listed below, if available. Be sure to provide supporting documentation for areas listed above.

- 1. UM Referral Form
- 2. Facesheet
- 3. History and Physical
- 4. Medication List
- 5. Wound Care Notes, if applicable

- 6. Psych Notes, if applicable
- 7. Labs/Tests/Vital Signs
- 8. Chart Notes
- 9. Supporting documents such as Social Worker Notes, Nurse Progress Notes, Paramedic Notes, etc.